University of South-Eastern Norway



Outdoor Education and Experiental Learning

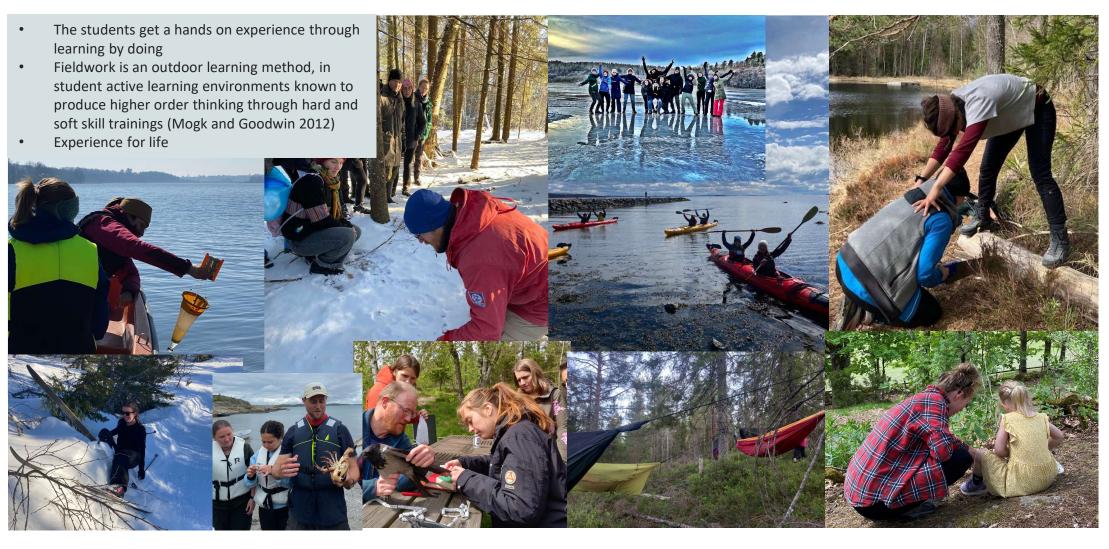
Heidi Lindsverk
Assistant professor
Programme coordinator OEEL
Faculty of Humanities, Sports and Educational Science
Department of Sports, Physical Education and Outdoor Studies
hli@usn.no







Why study Outdoor education and Experiental learning at USN?

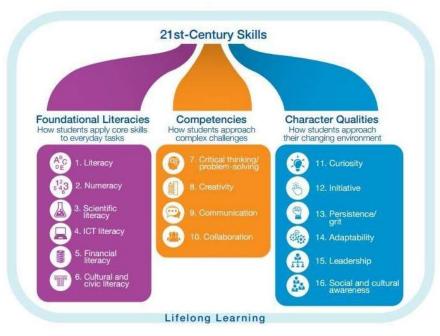




21 century skills









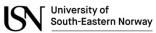






The gap between the skills people learn and the skills people need is becoming more obvious, as traditional learning falls short of equipping students with the knowledge they need to thrive, according to the World Economic Forum report

Skills necessary in today's jobs candidates are mainly developed through social and emotional learning (SEL)



How do Outdoor work bridging the gaps?

- Moving the classroom outside
- Outdoor «schooling» based on curriculabased topics by using outdoor pedagogics
- Creating and ownership
- Choosing learning environments that inspire student active learning and engangement





Hands on! Turn all senses on!

• My nature place













More birds (bird ringing)

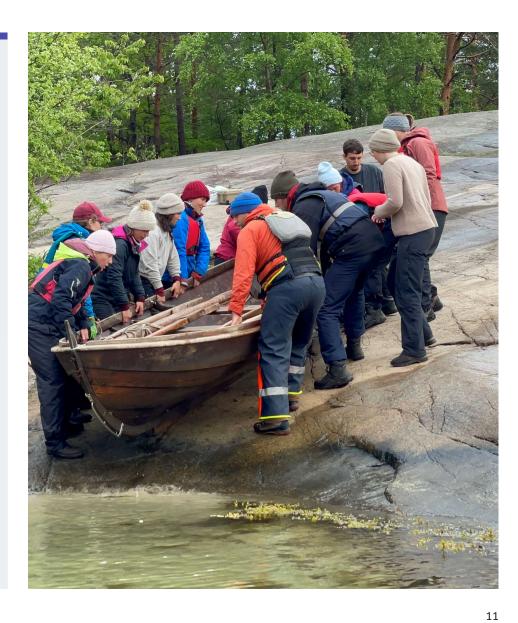






Marine life







More marine life









Geology, botany, astronomy, meteorology, entomology etc











6/19/2024

Outdoor cooking









Outdoor life





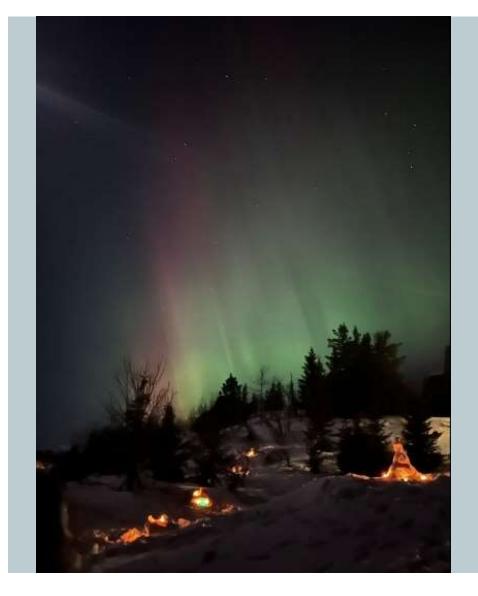




Sense of place and teaching outdoors; places and landscape for play, outdoor activitites and experiental learning

The student learn to:

- Practice sustainable outdoor activities in education in local landscapes such as seascape and forests reflecting nature and cultural aspects.
- Reflect on different philosophical aspects of outdoor education such as place based learning, slow and wild pedagogy.
- Use local environments for outdoor education connected to different national curricula in primary school and kindergartens. The comparative aspects of international differences and similarities will be reflected.
- Facilitate for an outdoor play, and how to practice traditional play, including snow activities in winter.
- Use storytelling, folkstories and mythes for educational purposes connected to nature and outdoor landscapes.
- Reflect on and practice sustainable use of natural landscapes and respect for more than human life.
- Develop skills to practice outdoor activities in green places and reflect upon the concept of place based learning and "friluftsliv (outdoor life)".





Process-orinted learning

- Indoor preparations at campus
- Arrive at the chosen location and arrange camp
- Building a nature playground
- Local kindergarten kids arrive day 2
- 5. Assignment
 - reflection and connecting practice to outdoor theory from the reading list provided at the start of the course
- 6. Feedback
- 7. Assignment a part of the online portfolio examination in blue module
- 7. Local benefit









To sum it all up [©]

Outdoor Education and Experiential Learning in Schools and Kindergartens on Vimeo

